

Beating the Bear of Food

CUT OUT THIS BEAR AND POST IT TO REMIND YOU TO FIGHT BACK AGAINST THE BEAR OF FOOD!

"Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

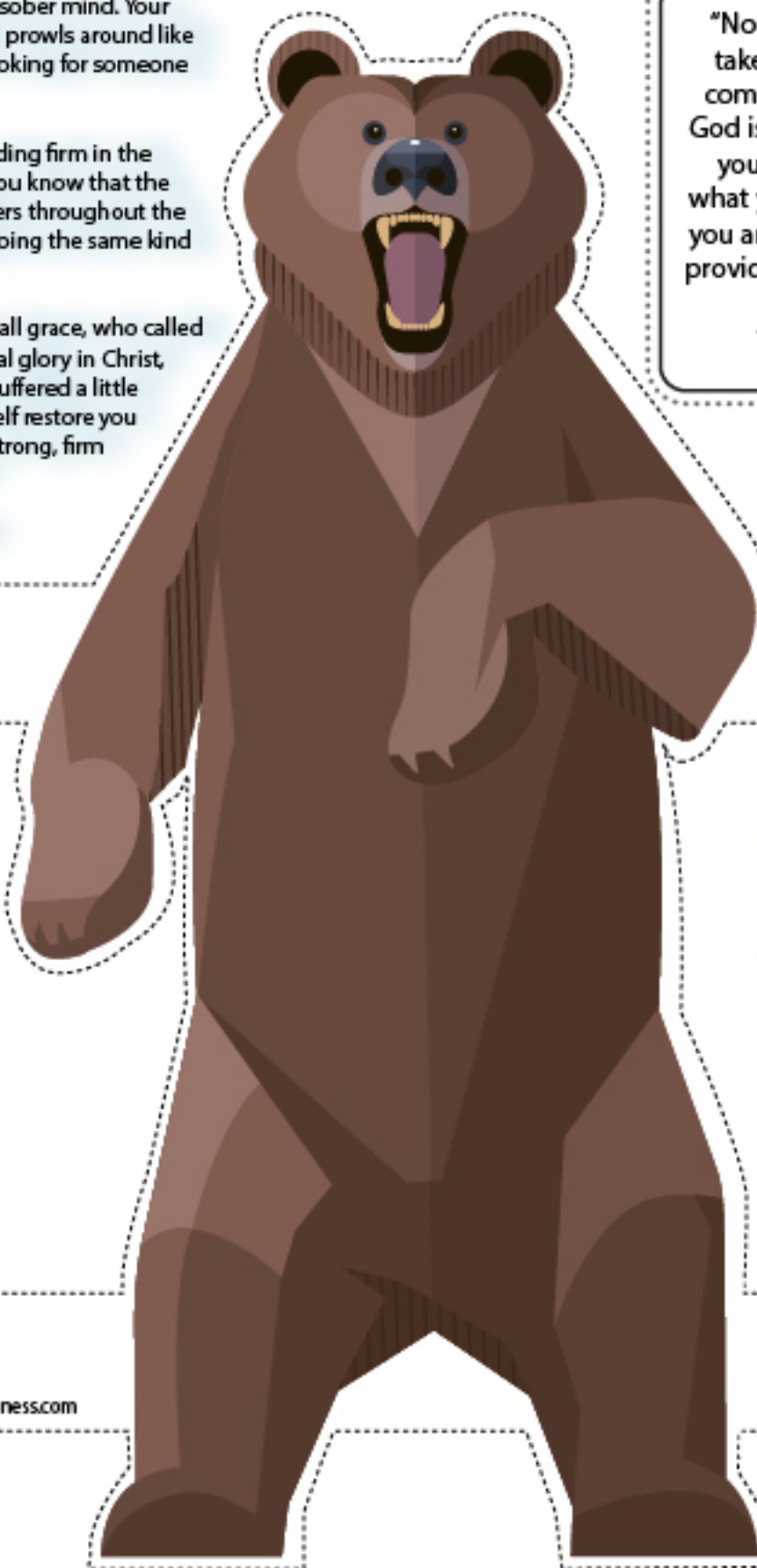
Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast."

1 PETER 5:8-10

"No temptation has overtaken you except what is common to mankind. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can endure it."

1 Corinthians 10:1



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